



June 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
May 27	28 Memorial Day	29 1 st Day of PM Practice	30	31	June 1	2 8 am NVSL University at Fairfax County Government Ctr.
3	4	5	6	7	8	9
10	11	12 7:30 HHS Graduation	13	14	15 Last day of school for Fairfax County	16 8 am Time Trials
17	18 1 st Day of AM Practice 6 pm B Meet @ Herndon Rec	19	20 Waterspouts Start	21	22 6 pm Pep Rally & Spaghetti Dinner	23 9 am A Meet Home vs Virginia Run
24	25 6 pm B Meet @ Fox Mill Estates	26 6 pm Progressive Dinner for 13+	27	28 5pm Photos start 6pm Team Photo and Ice Cream Social	29	30 9 am A Meet Home vs Ravensworth Farm

Afternoon Practice Schedule

4:00 – 4:55 p.m. 13 Yrs. & Up
 5:00 – 5:40 p.m. 8 Yrs. & Under
 5:45 – 6:30 p.m. 9-12 Yr. Olds


Morning Practice Schedule

8:00 – 8:40 a.m. 8 Yrs. & Under
 8:45 – 9:45 a.m. 9-12 Yr. Olds
 9:50 – 10:45 a.m. 13 Yrs. & Up



July 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
July 1	2 6 pm B Meet Home vs Fox Mill Woods	3	4 	5	6 Pancake Breakfast	7 9 am A Meet At Lakevale Estates
8	9 Olympic Clinic at Kingston Chase Bye – No Meet	10 Herndon Olympics at Kingston Chase	11 6:30 pm Relay Carnival Hosted by Ravensworth	12	13	14 9 am A Meet At Crosspointe
15	16 6 pm Blue vs White Intra-squad Meet	17	18 6 pm All-Star Relay at Lincolnia Park	19 6 pm Invitational Relay Carnival At Hiddenbrook	20	21 9 am A Meet Home vs Vienna Woods
22	23 6 pm B Meet @ Pinecrest	24	25 Last Waterspouts Practice	26 6 pm Desserts and Paper Plate Awards	27 9 am Lollipop Meet & Party for Waterspouts	28 9 am Divisionals At Virginia Run 6:00 Team Banquet
29	30	31	August 1	2	3	4 NVSL All-Star Meet At Little Rocky Run