



# June/July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
May 28	29 Memorial Day	30 1 <sup>st</sup> Day of PM Practice	31	June 1	2	3 8 am NVSL University at Fairfax County Government Ctr.
4	5	6	7	8	9	10
11	12	13	14	15	16	17 8 am Time Trials
18	19 7:00 pm Make-up Time Trials 7:30 HHS Graduation	20	21	22	23 Last day of school for Fairfax County 6 pm Pep Rally & Kickoff Cookout	24 9 am A Meet Home vs Sully Station
25	26 1 <sup>st</sup> Day of AM Practice Waterspouts Start 6 pm Blue vs White Intrasquad Meet	27	28	29 5pm Photos start 6pm Team Photo and Ice Cream Social	30	July 1 9 am A Meet At Sleepy Hollow Bath & Racquet

### Afternoon Practice Schedule

4:00 – 4:55 p.m. 13 Yrs. & Up  
 5:00 – 5:40 p.m. 8 Yrs. & Under  
 5:45 – 6:30 p.m. 9-12 Yr. Olds


### Morning Practice Schedule

8:00 – 8:40 a.m. 8 Yrs. & Under  
 8:45 – 9:30 a.m. 9-12 Yr. Olds  
 9:35 – 10:30 a.m. 13 Yrs. & Up



# July 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 6 pm B Meet Home vs Fox Mill Estates	4 	5 6 pm Progressive Dinner for 13+	6	7 Bagel & Muffin Breakfast	8 9 am A Meet At Greenbriar
9	10 Olympic Clinic at Kingston Chase 6 pm B Meet at Herndon Rec	11 Herndon Olympics at Kingston Chase	12 6:30 pm Relay Carnival Hosted by Hiddenbrook	13	14	15 9 am A Meet At Mosby Woods
16	17 6 pm B Meet at Fox Mill Woods	18 11 am Bowling at Bowl America	19 6 pm All-Star Relay at Greenbriar	20	21	22 9 am A Meet Home vs Lakeview
23	24 6 pm B Meet Home vs Pinecrest	25	26 Last Waterspouts Practice	27 6 pm Desserts and Paper Plate Awards	28 9 am Lollipop Meet & Party for Waterspouts	29 9 am Divisionals At Sleepy Hollow Bath & Racquet 6:00 Team Banquet
30	31	<b>August 1</b>	2	3	4	5 NVSL All-Star Meet At Sully Station